X-raying the foot

If sending a patient for a foot and/or ankle x-ray please request weightbearing images. This is because valuable information may not be evident on a non-weightbearing x-ray, and so later on a weightbearing one may well be needed.

For example below is an OA ankle. It's the same ankle but look at the difference between the weightbearing and non-weightbearing views. This had a significant influence on the management of this patient.

Non-Weightbearing
Weightbearing

The Standard Views to request are Weightbearing A-P and lateral views. Other views include: Oblique views - when assessing for midfoot pathology and Axial/skyline views - when assessing the sesamoids (plantar 1st MTP Joint pain).