




SUMMARY TABLE

Type of lesion	Choice of Treatment
<p>Ganglion</p> 	<ul style="list-style-type: none"> • Leave if no causing pain • If causing accommodation issues i.e. painful to walk on-refer to foot & ankle for orthotic management • If patient wants it removed-refer to surgical provider • Refer if rapid enlargement (red flag)
<p>Plantar fibroma</p> 	<ul style="list-style-type: none"> • Leave if no causing pain (red flag) • If causing accommodation issues i.e. painful to walk on-refer to foot & ankle for orthotic management • Removal is recommended-they return and can become more aggressive • Refer if rapid enlargement (red flag)
<p>Lipoma</p> 	<ul style="list-style-type: none"> • Leave if no causing pain • Refer if rapid enlargement (red flag) • If causing accommodation issues i.e. painful to walk on-refer to foot & ankle for orthotic management • If patient wants it removed-refer to surgical provider

Gouty Tophus



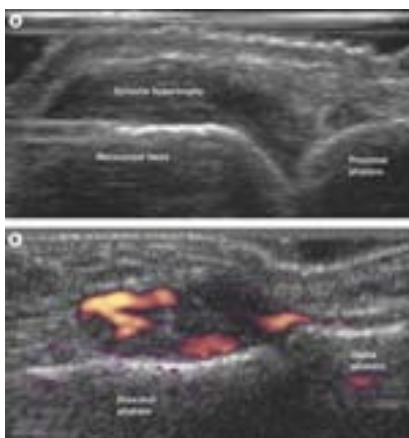
- Refer to Rheumatology

Rheumatoid nodule



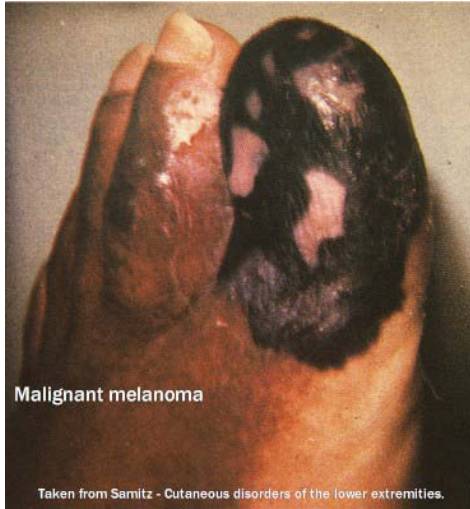
- Refer to Rheumatology

Synovitis



- Refer to Rheumatology

Malignancy



Malignant melanoma

Taken from Samitz - Cutaneous disorders of the lower extremities.

- Refer to Sarcoma Unit